

When a breastfeeding mother has a medical condition

Keeping Up-to-Date

NICE Guidelines:

- # 63. Diabetes in pregnancy: from pre-conception to post-natal. [Download](#)
- # 45. Antenatal and Postnatal mental health [Download](#)

Mastitis Guidelines on the prevention, management and treatment of mastitis from Northern Ireland. [Download](#)

American Academy of Breastfeeding Medicine

Clinical Protocols: [Download](#)

- #21 Guidelines for Breastfeeding and the Drug-Dependent Woman
- #18 Use of Antidepressants in Nursing Mothers

Are there conditions where breastfeeding should be avoided? When do the benefits outweigh the risks? What does the World Health Organization say? [Download](#)

Principles and recommendations on infant feeding in the context of HIV: Revised Nov 2009 [Download](#)

Drugs in Lactation, National Medicines Information Centre, Dublin. Note date. [Download](#)

June 2010

Most medication is safe when breastfeeding.



Breastfeeding can continue with most maternal illness.

News

Changes to the process for International Board Certification as a Lactation Consultant come into effect in 2011 and more in 2012. Earlier attendance at education sessions may be needed. [Read more](#)
Downloads > Exam Candidates.

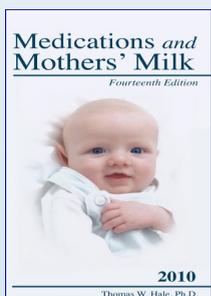
What's On

Training the Trainers 6-day Course for those involved in training health workers is planned for the autumn with probable venues of Athlone and Cork. [More details](#)

Later in the year we aim to hold a one-day **Trainers' Workshop** for all past participants of Train the Trainers courses to update and network, with an international speaker.

Certificate in Lactation Studies, Athlone Institute of Technology will be held over 6 Fridays in Sept-Dec. Level 8 course (10 ECTS). Closing date for applications is July 30th. [More details](#)

Resource of the Month



Medications and Mothers' Milk is considered THE best source of medication information for breastfeeding patients.

This new updated version continues to expand, adding many new drugs and making changes in previous drug information. Most of the world's latest data on medications affecting breastfeeding mothers and babies are in this new edition.

Over 1200 pages packed with more than 900 drugs, vaccines, and other material, this easy-to-use reference provides the clinician or mother with easily understood recommendations about the use of medications while breastfeeding.

In this edition:

- Hundreds of changes in existing monographs,
- Over a hundred new drugs or conditions,
- New changes to contraceptive drug tables,
- New oncology drugs added,
- Appendix covering radiopharmaceuticals / diagnostic agents,
- Tables for over-the-counter cold remedies, topical corticosteroids, and herbs,
- Illustrated section explaining drug passage into milk.

If you work with pregnant and/or breastfeeding mothers, this definitive reference will help you answer questions about which medications are safe or unsafe for breastfeeding mothers and babies. [Order on-line](#)

Tom Hale, Medications and Mothers' Milk, 2010 edition

Other Resources related to maternal health conditions



Medications and Mothers Milk- mini. Brief listing of medications to keep in your pocket on rounds.

Breastfeeding after Breast and Nipple Procedures. How breast surgery and procedures past or current, may effect breastfeeding.

Breastfeeding and Diseases discusses treatment and effects on breastfeeding in medically complicated situations of mother or baby.

Clinical Therapy in Breastfeeding Patients provides a description of the condition, principles of therapy as well as treatment protocols. Links with Medications and Mothers Milk.

Non-pharmacological Treatments for Depression in a New Mother reviews if the risks of antidepressant medications outweigh the benefits and what are the alternatives.

[More details and to order](#)

Like to promote breastfeeding with some humour?

Visit for badges, T-shirts, key rings and more. **30% Discount** for UK National Breastfeeding Week: **order by June 27th**



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