

Website Launch

Our site offers ...

The site provides a hub to find information, resources, links and news related to supporting breastfeeding.

Looking for education resources? Come and browse. On-line shopping available.

Like to attend a training course to prepare for the IBLCE exam? Or organize a breastfeeding update course for your staff?

Not sure what you need to improve your health facilities supports for breastfeeding? Consult us.

[Come and visit](#)

What's On

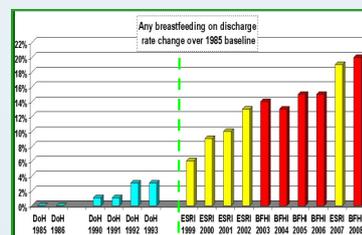
BEST Services Courses

LC Exam Intensive Review, April 24th and May 16th in Limerick. Other venues on request. Also on-line exam question practice. Book by March 31st for best price.

Training the Breastfeeding Trainer for those involved in training health workers. April and May in Dublin. Only 3 places left!

[More Details](#)

March 2010



Graph by Dr Genevieve Becker, National Coordinator of the BFHI in Ireland. Feb 2010

Breastfeeding Rates

Frequently we are asked about breastfeeding rates. The breastfeeding rate on discharge is collected as a national Perinatal Statistic by the [ESRI](#). Explore rates by occupation, parity or county of residence, and much more in the detailed reports since 1999.

Resource of the Month



Impact of Birthing Practices on Breastfeeding, 2nd edition [More Details](#)

The Impact of Birthing Practices on Breastfeeding

examines the evidence connecting birth practices to breastfeeding outcomes. It takes an in-depth look at the post-birth experiences of the mother and baby, using the baby's ability to breastfeed as the vehicle, the mother's lactation capacity as a factor, and the intact mother-baby pairing as the model to address birth practices that affect breastfeeding. It offers ways to avoid or reduce negative effects of birth practices.

The new second edition has been completely revised by Linda Smith, to include new information including epidural anaesthesia and Caesarean surgery, clinical strategies for helping the mother and baby recover from birth injuries, medication and complications, and information on the UNICEF/WHO Baby-Friendly Hospital Initiative assessment of Mother-Friendly Childbirth practices.

Birth practices do make a difference to breastfeeding.



Launch offers and a discount on all on-line purchases for a limited time. [Learn More](#)

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