

# Supporting mothers who are not breastfeeding their infants

February 19<sup>th</sup> 1.30 - 4.30 West Dublin

## **Aims:**

- To update knowledge
- To discuss conflicting information
- To describe how to share information with parents and caregivers

## **Topics include:**

- Ensuring an informed decision, discussing information accurately and objectively
- What is needed: types of milk, water, equipment, storage and transporting, how to feed
- Care of the breasts when not breastfeeding
- Facilitating parents to learn skills for safe use of infant feeding products
- Sources of information.

**Course facilitator:** Dr Genevieve Becker, PhD, MINDI.

Genevieve is a dietitian who has specialised in infant and young child feeding for over twenty-five years. She has worked on this topic with the World Health Organization and UNICEF, as well as the Department of Health and the HSE and academic institutions. Genevieve has produced training manuals for health workers, parents' materials, policy documents and research publications on infant and young child feeding.

## **Book a place:**

[www.bestservices.ie](http://www.bestservices.ie) then Training > Courses

**Supporting the mother who is exclusively pumping her milk.**  
**February 19<sup>th</sup>, 9.30 - 12.30.**  
**Book both together and get a discount.**

## **Who should attend:**

- Those who are (or will be) providing information to pregnant and new parents.
- Suitable for midwives, paediatric nurses, public health nurses, GPs and practice nurses, dietitians and nutritionists, IBCLCs, paediatricians, health educators, peer supporters, child care workers and others working with babies.
- No prior knowledge of nutrition or infant and young child feeding is required.

## **Course fee:**

€ 35 includes handouts and tea/coffee.

Discount for early booking (before January 30<sup>th</sup>) and for group bookings.

Employer can be invoiced if a purchase order number or authorisation is provided at booking. Cancellations received more than 7 days before receive a full refund less €10 charge. Cancellations received less than 7 days before a w'shop date receive at 30% refund. No refunds made for cancellations on the day or afterwards. *BEST Services* reserves the right to cancel and refund fees if insufficient bookings are made.