

# Addressing low weight gain in the breastfeeding baby

April 18<sup>th</sup> 9.30 - 12.30 West Dublin

## **Aims:**

- To update knowledge
- To review practical steps to address low gain
- To discuss information to share with parents

## **Topics include:**

- What is adequate weight gain at different ages, growth charts, developmental markers
- Assessing feeding, knowledge and supports
- Reasons for low weight gain
- Steps to improve weight gain
- Case studies
- Sources of information

**Course facilitator:** Genevieve Becker, PhD, MINDI, IBCLC  
Genevieve is a dietitian and International Board Certified Lactation Consultant who has specialised in infant and young child feeding for over twenty-five years. She has worked on this topic with the World Health Organization and UNICEF, as well as the Department of Health, the HSE and academic institutions. Genevieve has produced training manuals for health workers, parents' materials, policy documents and research publications on infant and young child feeding.

## **Book a place:**

[www.bestservices.ie](http://www.bestservices.ie) then Training > Courses

**Starting Complementary Feeding: What, when, how**  
**April 18<sup>th</sup>, 1.30 - 4.30.**  
**Book both together and get a discount.**

## **Who should attend:**

- Those who are (or will be) providing information and care to breastfeeding babies and their parents.
- Suitable for midwives, paediatric nurses, public health nurses, GPs and practice nurses, dietitians and nutritionists, IBCLCs, paediatricians, health educators, peer supporters, child care workers and others working with babies.
- Prior basic knowledge of how breastfeeding works is helpful.

## **Course fee:**

€ 35 includes handouts and tea/coffee.

Discount for early booking (before March 30<sup>th</sup>) and for group bookings.

Employer can be invoiced if a purchase order number or authorisation is provided at booking. Cancellations received more than 7 days before receive a full refund less €10 charge. Cancellations received less than 7 days before a workshop date receive at 30% refund. No refunds made for cancellations on the day or afterwards. BEST Services reserves the right to cancel and refund fees if insufficient bookings are made.